Name:	Forms of Resistance	Castillejo, Li, Smith	CT-3	
Directions: Think about the different situations.	ns. With your partner, list different forms of resistance for each level of oppression.			

With your partner, list different forms of resista	nce for each level of oppression.	
When oppression happens at the	When oppression happens at the	
INTERPRESONAL	INTERNALIZED	
level	level	
For example:	For example:	
 A husband tells his wife she must stay home to cook and clean A rich student laughs at a poorer student because she wears the same clothes a lot. A white person says "I don't trust Black people, they are dangerous" Speak English! I can't understand you!	 An Asian girl hates her eyes, she thinks she is ugly so she gets surgery to change them. A girl doesn't answer questions in math class because she doesn't think she is as smart as the boys. I'm in the United States now. I should only use English to speak to people. It's better if I forget my Chinese language. 	
Then people can resist by:	Then people can resist by:	
•	•	
•	•	
•	•	
•	•	
•	•	
•	•	
•	•	
	When oppression happens at the INTERPRESONAL level For example: • A husband tells his wife she must stay home to cook and clean • A rich student laughs at a poorer student because she wears the same clothes a lot. • A white person says "I don't trust Black people, they are dangerous" Speak English! I can't understand	INTERPRESONAL level For example: • A husband tells his wife she must stay home to cook and clean • A rich student laughs at a poorer student because she wears the same clothes a lot. • A white person says "I don't trust Black people, they are dangerous" Speak English! I can't understand you! INTERNALIZED level For example: • An Asian girl hates her eyes, she thinks she is ugly so she gets surgery to change them. • A girl doesn't answer questions in math class because she doesn't think she is as smart as the boys. I'm in the United States now. I should only use English to speak to people. It's better if I forget my Chinese language.

Forms of Resistance Notes

Picture	Type of Resistance	Explanation	Level of Oppression to Resist
		Not anything until people to you	This form of resistance is <i>most</i> effective at ending: Institutional Oppression Interpersonal Oppression
GEINY IMAGES		People don't go to	Internalized Oppression This form of resistance is most effective at ending:
The state of the s		company makes	Institutional OppressionInterpersonal OppressionInternalized Oppression
		Protesting or marching with	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
		A letter that many people to show their	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression

Broken Wings of Lup 2	 People stop from a company until they change	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
	 Using violence to show or express	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
	 a political	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
	 Sitting in an important and not until people listen to you	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression

	Talking to a to explain the and ideas of how to fix it	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
	Talking to a or a group of people to create ideas about different groups of people and/or	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression
	A big group of people in the streets to show they don't something.	This form of resistance is most effective at ending: Institutional Oppression Interpersonal Oppression Internalized Oppression